

ALEXANDER COUNTY'S 2016 POINTS CHALLENGE RACE SERIES

THE RULES

Points are awarded for official races only and Vertical Mile Club Challenge as noted in these official rules for the Alexander County Points Challenge (ACPC).

1. Official races issue race numbers or bibs, and record official times for each runner.
2. Official races have results and finisher times posted on the Internet and/or in running publications.
3. A runner/walker must complete the race distance for which he/she registered, or the points do not count.
4. You may count the running segments of biathlons and triathlons.
5. The 2016 ACPC series begins November 28, 2015 and ends December 31, 2016. Please note that the end time for the 2016 ACPC series has been changed from November 26, 2016 to December 31, 2016. This means you can run the Rotary Reindeer 8K Romp twice in the 2016 race series. Any runner or walker who completes the Rotary Reindeer 8K Romp in 2015 AND 2016 will receive 25 bonus points. There are 11 races in Alexander County in the 2016 series.
6. The point system has been simplified for the 2016 series. Alexander County races will all be two (2) points per mile, and all races outside of Alexander County will be one (1) point per mile regardless of the distance.
7. One hundred (100) additional points will be awarded to any runner/walker who completes the Vertical Mile Challenge 2, the Rocky Face Trail Race 20K, and the Rocky Face Marathon, or who completes any seven (7) Alexander County races during the 2016 series.
8. Fifty (50) points will be awarded to any participant in the 2016 ACPC series who completes a vertical mile at Rocky Face Park as a participant in the Vertical Mile Club Challenge, per the guidelines.
9. Each runner/walker is responsible for submitting his/her own race results within 10 days of the event. Results should be submitted to Rick French via email to rfrench@alexandercountync.gov or via postal mail to 621 Liledoun Road, Taylorsville, NC 28681.

10. All participants in the 2016 ACPC series are encouraged to volunteer in some capacity in one or more ACPC running events during the year. Please contact the race director as listed in the 2016 calendar.

11. New this year – there will be four (4) race categories:

M10M Plus – Male 10 miles and over

M10M Under – Male under 10 miles

F10M Plus – Female 10 miles and over

F10M Under – Female under 10 miles

Every race falls into one of these categories. For example, if Frank Distance runs a 5K, it goes into the “M10M Under” category. The next weekend, Frank runs a half-marathon. This race goes in the “M10M Plus” category. The points will be awarded to the participant in the category where the race fits. Hopefully, this change will allow runners of all distances to compete for the 2016 crown in his/her respective category. A winner will be named in each category at the end of the 2016 series.

12. There are two areas which will receive special attention in 2016 -- youth running and the formation of a running club. Regarding youths, more young runners are participating in running events. How can the County make this a better experience? As for a running club, is there enough interest in the community to form one? Constructive comments are appreciated on these two topics.

13. Questions concerning the 2016 ACPC race series should be directed to Rick French at (828) 632-9332 or rfrench@alexandercountync.gov.

* Revised: 11/19/15